



2005 ALL STAR AWARDS

Player of the Year	Fred Jackson	Sioux City Bandits
Offensive Player of the Year	Fred Jackson	Sioux City Bandits
	Dusty Bonner	Lexington Horsemen tie
Defensive Player of the Year	Connie Brown	Evansville BlueCats
Special Teams Player of the Year	Ted Retzlaff	Omaha Beef
Offensive Rookie of the Year	Luke McArdle	Tennessee Valley Raptors
Most Improved Player	Bryan White	Fort Wayne Freedom
Head Coach of the year	Matt Land	Fort Wayne Freedom

FIRST TEAM

Quarterback	Dusty Bonner	Lexington Horsemen
Running Back	Fred Jackson	Sioux City Bandits
Wide Receivers	Willie Austin Jeremy Dutcher Chad Spencer	Ohio Valley Greyhounds Fort Wayne Freedom Lexington Horsemen
Offensive Line	Clint Harrison Dan Potmesil Dorna Yilla	Sioux City Bandits Omaha Beef Evansville BlueCats
Defensive Line	Eddie Bynes Rachman Crable Leif Murphy	Ohio Valley Greyhounds Fort Wayne Freedom Omaha Beef
Linebacker	Mark Blackburn	Sioux Falls Storm
Safety	Shannon Poppinga Anthony Kelly	Sioux Falls Storm Lexington Horsemen
Cornerback	William Mulder Andre Fields	Lexington Horsemen Sioux Falls Storm
Kicker	Ted Retzlaff	Omaha Beef
Kick Returner	James Jones	Sioux Falls Storm
Mr. Utility	Jon Paulson	Sioux City Bandits

SECOND TEAM

Quarterback	Jarrod DeGeorgia	Sioux City Bandits
Running Back	Rocky Harvey	Fort Wayne Freedom
Wide Receiver Roughriders	Johnathan Schoonover	Peoria
Offensive Line	Erv Strohbeen	Sioux City Bandits
Defensive Line Raptors	Frenandez Shaw	Tennessee Valley
Linebacker	Jason Vanloo	Peoria Roughriders
Cornerback	Shederick Harris	Black Hills Red Dogs
Safety	Travis Kopf	Omaha Beef
Kicker	Adam Hicks	Sioux Falls Storm
Kick Returner	William Mulder	Lexington Horsemen